



Post AGM 2021 Activities

Sunday 6th November 2021

Training

Owen Day will run a crevasse and avalanche rescue session for up to six people from 10:00 at location 10 minutes drive or so from the hotel. As well as practising transceiver use and prusicking, there should be a chance for some probing and shovelling practice, with a light lunch on completion! Please bring transceiver, shovel, probe and crevasse rescue kit.

John Hayward (honsec@eagleskiclub.org.uk or 07516726621)

MTB Ride

Robert Wine (local member) has devised a cross country route of 40km/975m ascent starting at the hotel in Lewknor with about nine climbs (typically 60-90m) but there are also options to cut a few corners or even add some if desired. The first climb runs parallel to the A40 Aston Hill road climb after which Aston Martins are named, I think.

There's a walkers- and cyclists-only (no car access) café en route at Turville Heath, and other stops could be added.

The route is suitable for any serviceable mountainbike - hardtail, full suss, fatbike, ebike - but not a gravel bike (skinny tyres and dropbars) unless the ground remains pretty firm and dry. Best go for at least 2 inch tyres and lower pressures. No rock gardens, everything's rollable, no jumps or drops, no hike-a-bike except one fallen tree.

Moderate MTB skills with loads of stamina required.

Timing, 3-4 hours of riding. If you'd like to join Robert Wine but aren't sure about the distance, the climbs or terrain let him know and he can change plans.
(winerwalker@ [yahoo.com](mailto:winerwalker@yahoo.com))

Speed and ability of the slowest. Robert can provide a map and gpx file in advance.

Plan is to set off after breakfast and return to the hotel by early afternoon .

**** Helmets mandatory ****

Spares and tools for your own bike advisable (no bike shops).

Knee/elbow protection isn't overkill on the loose flinty chalk and roots. Body armour and full face helmet probably is.

'All weathers' clothing recommended.

Your own drink and snacks optional.

Robert is not an MTB guide, just a bloke on a bike and fairly recent Eagles member.

Indoor climbing wall at Oxford Brookes University

Nick Donohue is organising a trip to the climbing wall on Sunday 7th November from 10.30 to 14.30. No experience needed for bouldering, but novices for roped climbing need an experienced climber to supervise and belay. Anyone wishing to do this must contact Nick in advance as the session has to be booked and numbers are limited. You cannot leave this until the weekend.

Nick Donohue 07540 422555 nickdonohue@live.com

Walk

20k, 500m ascent, approx 4 hours

The route circles round the Getty's Wormsley Estate, home to Garsington opera. It then runs alongside the Ridgeway (Swan's Way) which at this point is a low level track at the foot of the ridge before it cuts up, across and down Aston Rowant nature reserve, the prominent hillsides of which form the M40's very own Alpine pass near the Stokenchurch telecoms mast.

gpx file available on request before the weekend
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