Eagles AGM information

Thank you for booking onto the AGM weekend and please read through the information below carefully to ensure I have the correct information about the workshop timings and locations. There is also some availability on some of these sessions so please email secretary@eagleskiclub.org.uk if you would like to make any changes to the session allocations and I will try and accommodate where possible.

Also please be aware of the hotel booking and cancellation policy.

I will email everyone separately to ensure that I have the correct booking information regarding room reservations, meal choices and activity choices. Please reply to this email if any of the information is not correct or needs updating.

Hotel

Mercure Thame Lambert Hotel

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London Road, Aston Rowant,
Watlington
OX49 5SQ THAME
UNITED KINGDOM
GPS:51.677451, -0.955321

+44 1844 351496
+44 1844 351893
ha7x1@accor.com

Travel

Train - Nearest station is Princes Risborough (then a 15 min cab)

Bus – Oxford Tube – Lewknor (followed by 10 min walk)

Car – plenty of parking available

Room bookings and last-minute cancellation fees

A single room (including breakfast) is £95 each night

A shared room (including breakfast) is £110 each night (£55 each)

There is a cancellation fee if you cancel your room reservation from 8am on Wednesday 11th November, and you will be liable to pay for the room bookings requested under your name. I will give the hotel your details on the Tuesday evening 10th November – so please ensure that I have the correct information as I can change this now if needed.

There is no cancellation fee if you cancel your room reservation before 8am on Wed 11th November.

Welcome - Friday Evening in the Bar

We plan to meet in the bar at about 9pm on Friday evening to talk through the weekend plans and answer any queries you might have

Timetable of Events for the Weekend

We have worked hard to accommodate all the choices made and most of the sessions are full, with only a few space still available.

Everyone's allocation will be in the email sent on Friday 31 October and please let me know if there are any issues with the allocation.

An additional session not included in the original options is the Climate session run by Mostyn Brown on the Saturday afternoon - so do let me know if you would be interested in attending this.

'At a time when the climate crisis is competing with multiple geopolitical issues for attention, this session covers the challenges that have dogged carbon offsetting to date, the latest on club's Carbon Disposal and Biodiversity Funds, and provide a sneak peek at what plans are in the works to deliver on the club's pledge of reducing our environmental impact of our ski touring.'

Friday 13th	Bar
21.00 - 21.30	Get together to say welcome and run through details for the weekend, answer questions, etc)

Saturday 14th	Room 1	Room 2	Hotel Outside Space	other activities
07.30 - 09.00	Breakfast			
9.00 - 10.30	**First aid of Limb Injuries x 12** overview of management of limb trauma	**Hypothermia and Avalanche First Aid x 12** overview of ski touring first aid with emphasis on hypothermia and avalanche scenarios	**Rope work x 9** Please bring your harness, glacier kit if you have), any karabiners, slings and prussiks you might have You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	Bike, Walk etc
	Glynne Andrew	Declan Phelan	Hannah Burrows-Smith	
10.30 - 11.00	Break 30 mins			
11.00 - 12.30	**First aid of Limb Injuries x 12** overview of management of limb trauma	**Hypothermia and Avalanche First Aid x 12** overview of ski touring first aid with emphasis on hypothermia and avalanche scenarios	**Navigation x 10** Please bring compass and map, and if possible, one paper map of a favourite mountain area + map case + headtorch if doing the 3.30 - 5pm session You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	
	Glynne Andrew	Declan Phelan	Hannah Burrows-Smith	
12.30-13.30	Break 60 mins			
13.30 - 15.00	walk/ bike etc		**Rope work x 9** Please bring your harness, glacier kit if you have), any karabiners, slings and prussiks you might have You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	
			Hannah Burrows-Smith	
15.00 - 15.30	Break 30 mins			
15.30 - 17.00	15.30 - 16.30 **The Law and the Mountains workshop**	15.30 - 16.30 **Climate workshop**	**Navigation x 10** Please bring compass and map, and if possible, one paper map of a favourite mountain area + map case + headtorch if doing the 3.30 - 5pm session You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	
	Graham Dudley and John Hayward	Mostyn Brown	Hannah Burrows-Smith	
17.00 - 17.15	Short break (people can link in from 17.00 for AGM)			
17.15 - 18.15	AGM			
19.15 - 20.45	Dinner			
20.45	After dinner talk by Dave Wynne-Jones			

Sunday 15th	Poppets Hill OX9 7HB	Hotel Outside Space	other activities
07.30 - 09.00	Breakfast		
9.00 - 10.30	**Transceiver and Avanche Rescue - Poppets Hill** 9.00 - 12.00 please bring your transciever if you have one, a bag to put it in (dry bag or small rucksack), a shovel and probe You will need to have suitable outdoor clothing + waterproofs, trainers would be fine location will be on John's farm 15 mins from the hotel OX9 7HB	**Rope work x 9** Please bring your harness, glacier kit if you have), any karabiners, slings and prussiks you might have You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	Bike, Walk, etc
		Hannah Burrows-Smith	
10.30 - 11.00		Break 30 mins	
11.00 - 12.30		**Navigation x 10** Please bring compass and map, and if possible, one paper map of a favourite mountain area + map case + headtorch if doing the 3.30 - 5pm session You will need to have suitable outdoor clothing + waterproofs, trainers would be fine	
	John Hayward and Brian Horn	Hannah Burrows-Smith	

What to bring

If you are doing any of the outdoor sessions then please see below:

Kit requirements -

All groups: outdoor clothing + waterproofs, trainers would be fine

Rope work: harness and glacier kit (I do have some spares, but people need to try and bring their own), any ka might have

Navigation: compass and map (I won't have many extras of these), and if possible, one paper map of a favourit **headtorch if doing the 3.30 - 5pm session**

Transceiver practice: transceiver if they own one, a bag to put it in (dry bag or small rucksack), a shovel and pr

For those of you booked on the Sunday morning Transceiver Practice session, will you have a look at the Tier 1 and 2 grading below and let us know if you consider yourself in the Tier 1 or Tier 2 and this will help us plan the transceiver session on the Sunday morning.

Skill area	Tier 1 Participant	Tier 2 Independent tourer
Companion rescue	Beacon search, probing and shovelling to a basic standard; knows the rescue sequence.	Efficient multi-burial search; sound shovel technique; rescue under time pressure; basic first aid.
Hazard information (EAWS bulletin)	Understands the 5-level danger scale and what an avalanche problem is.	Interprets level, problem type, aspect/elevation and trend; recognises bulletin limitations.
Snowpack and weather observation	Notices obvious signs: recent avalanches, whumpfing, cracking, rapid loading.	Basic stability tests; tracks weather history; recognises persistent weak layer patterns.
Terrain assessment and route planning	Follows a leader's route; recognises steep, exposed and terrain-trap features.	Plans own routes using slope angle, aspect and terrain classification (e.g. ATES); identifies options and escapes.
Decision-making framework	Understands why a structured approach and group discussion matter.	Applies a recognised method (e.g. reduction method or checklist) and knows its limits.
Group management and leadership	Follows instructions; communicates concerns to the leader.	Peer-level leadership; agrees plans and roles with companions.
Emergency response and incident management	Knows how to raise the alarm and basic self-rescue.	Manages a small incident until help arrives; communicates location and casualty details.
Equipment and touring technique	Correct kit carried and checked; basic skinning and transitions.	Competent kit selection, maintenance and field repair; efficient movement in varied terrain.
Governance, records and reporting	Completes participation records as required.	Keeps a personal log of days, conditions and decisions.

Meal choices

These are the meal choices and can you also check that the information in the email sent to you is correct. The hotel will be given the meal choices on Wed 4th November, so if there are any changes or special dietary requirements I am not aware of, please let me know before then.

starter

Chicken Liver Parfait – with fruit chutney and toasted brioche

Homemade Vegetable Soup of the Day – served with warm bread rolls (v)

Classic Prawn Cocktail – succulent prawns on little gem lettuce, Marie rose sauce, brown buttered bread

Main

Corn Fed Chicken Breast – with buttered mash potato

Sweet Potato Chick Pea Curry - served with rice

Oven Roasted Cajun Salmon – with new potatoes, seasonal vegetables

Dessert

Honey Hazelnut Nougat Parfait – with red cherries, cashew nuts, forest berry compote

Tiramisu Alfredo – with mascarpone, coffee soaked sponge and cocoa

Ginger Creme Brulée – with shortbread biscuit